

SEN cafe 24th May 21

A Otty

G Nelson

B Ludlow

R Morant

T Billman

A Woodward

Welcome



ELSA

R Morant & T Billman

What is an ELSA ?

Emootional **L**iteracy **S**upport **A**ssistant

ELSAs are teaching assistants or teachers that are trained and regularly supervised by an Educational Psychologist within your local education authority. An ELSA is a warm and caring person who wants to help your child feel happy in school and to reach their potential educationally. Their aim is to remove the barriers to learning and to have happy children in school and at home.

ELSAs can help with:

Self esteem

Social skills

Emotions

Friendship issues

Bullying

Relaxation techniques

Relationships

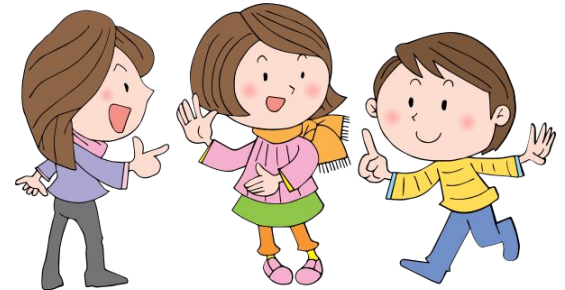
Anger management

Behaviour

Anxiety

Conflict

Loss and bereavement



Sessions

The ELSA will plan their sessions for your child very carefully. The session consists of several parts and they are usually 6 sessions.

The first session is all about building a rapport with the child, establishing session rules and what is expected.

Emotional check in

This is an opportunity to talk about feelings and any feed back from the previous session.

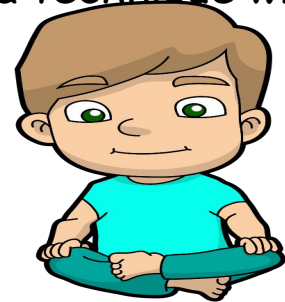
Main activity

The ELSA will plan the activity to a learning objective, something your child will be able to do at the end of the session that they cannot do now. This is usually an 'I can' statement such as 'I can tell you about my strengths' (A self-esteem objective). The ELSA will encourage your child to tell you about their talents or personal characteristics such as 'kind' and 'caring', 'helpful' or 'brave'. The child will then make something to reinforce those strengths.

Relaxation and reflection

Your child will be taught a relaxation exercise to help get them ready to go back to class . Your child will now be able to answer the question 'I can tell you about my strengths'.

They may also reflect on what they have learnt for example a technique which helps them to calm down when angry or anxious.



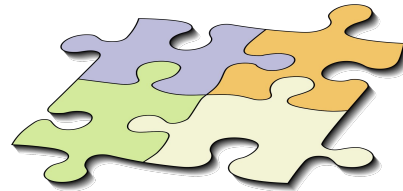
Typical problems

An angry child

The ELSA will take the child through an anger management intervention to help them recognise their anger triggers, techniques to avoid these triggers and calming down techniques.

A loved pet has died

ELSAs are trained in bereavement and understand that the loss of a pet is probably the first experience of death for your child. They will work with your child to help them feel supported in school.



Questions



Spelling support in school

Spelling shed



Spelling support in school

Dyslexia gold

DYSLEXIA GOLD

Reading Unlocked

Spelling ideas

A Otty

Magnetic letters - make and break



Make and break at home...

Method 1

Put the magnetic letters that are in the word on the table

Then mix them up

Ask your child to make the word

When they have made the word mix the letters up again and ask them to make the word again

Repeat the make and break 3 times and then move onto the next word.

Method 2

You could have the letters on the fridge and every morning you ask your child to make the word.

Have it correctly spelt until bedtime and then mix the letters up again ready for the morning

Spelling ideas

B Ludlow

Pneumonics

Using Mnemonics to support spelling

What is a Mnemonic?

A mnemonic, also known as a memory aid, is a tool that helps you remember an idea or phrase with a pattern of letters, numbers, or relatable associations.

Mnemonic devices include special rhymes and poems, acronyms, images, songs, outlines, and other tools.

Mnemonic (pronounced ni-mon-ik) is derived from the Greek phrase *mimnēskesthai* meaning to “remember.”



We can use mnemonics to help us remember difficult words to spell. Like the one above. Note the first letter from each word is used to spell the word we are trying to remember to write.

Explain to your child that a **spelling mnemonic** is a phrase which helps them to remember how to **spell** tricky words. Highlight that each word in the phrase begins **with** a letter from the tricky word.

show your children some examples such as:

- the – two heavy elephants.
- said – silly ants in dresses.
- was – worms are slimy.

- Make a list with your children with words that they find tricky to spell.
- Ask your children to choose five tricky words from the list and make up spelling mnemonics for the words. They can work with an adult if they prefer.
- Ask your child to write their mnemonics on display cards. Invite them to share their mnemonics with others.
- Use the display cards to make a word wall showing “the tricky word family’. Remind children to use mnemonics when they are writing. This should help them to spell tricky words correctly.
- Enjoy and have fun with it !

Spelling ideas

G Nelson

Multi sensory approaches



sand

consent
desert

Using a Sand Tray to help with spellings

What you will need:-

- **A Tray**
- **Sand, Glitter, Shaving foam, Rice, Salt, Flour etc**
- **Spellings to copy from**

Ask your child to use their finger to copy out their spellings in the sand tray.

Ask them to read the word after they have written it.

Shake the tray to start a new word

Multi-sensory games like these are particularly good for children as they benefit from the combination of senses.



Questions



SEND online Events

Family voice

Let's talk about...

- Autism 7th June 10am-12pm
- Sleep 15th June 10am-12pm

Coffee mornings zoom sessions

Thursday 27th 1.45pm-2.45pm

Tuesday 15th June 10am-11am

Thursday 24th June 1.45pm-2.245pm

Tuesday 6th July 10am-11am

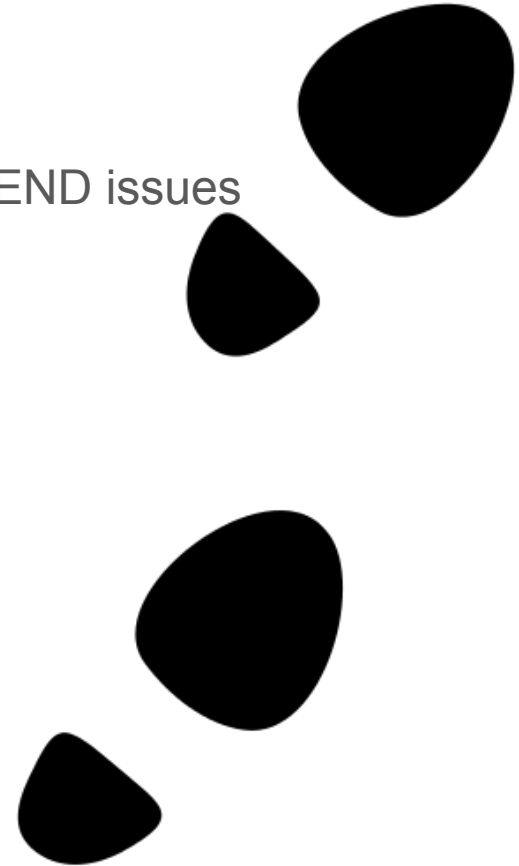
Thursday 15th July 1.45pm-2.45pm

SEND family roadshows (see local offer for more details)

- Wednesday 14th July 2021 10.30am-1pm

Next steps

- Contact Alie Otty if you'd like a chat about any SEND issues
- SEND Newsletter development
- Development of SEND section on the website
- Parent SEND discussion group - Parents' Forum



Dates for the diary

- Proposed date - Parents forum 16th June TBC
- Next SEN cafe 23rd June 9.30am
- Next SEN Newsletters 28th May & 25th June
- One page profile reviews - out the week beginning 12th July

Questions

