

North Elmham CEVA Primary School
Stibbard All Saints CEVA Primary School
Flourish Federation

Executive Head Teacher: Ms P Jones



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A new half term has begun and here at Flourish Federation, we wanted to remind you that we are here to support in any way we can and work together to keep children safe at school, home and in the wider community.

If you are worried about a child do not hesitate to contact any of the following Designated Safeguarding Leads straight away:

Paula Jones - Executive Headteacher

Alie Otty - SENDCo

Carol Jeary - KS2 Lead and Year 5 Teacher (All Saints, Stibbard)

Berenice Ludlow - Inclusion Manager

Gail Nelson - Inclusion Manager

Sue Daniels - Nursery Manager (All Saints, Stibbard)

Kelly Hunter - Whales Class Teacher (North Elmham)

Scott Good - Lions Class Teacher (North Elmham)

They can be contacted via the school office.

You can also contact the Norfolk safeguarding team on: **0344 800 8020**.

If a child is in immediate danger, call the Police on 999.

We are online more than we usually would be as we are remote learning from home and we have been communicating with our friends and family this way. Going online can be fun, but there are dangers too. There are some things we need to do to stay safe. It is a bit like when we cross the road. Before we cross, we 'stop, look and listen' to make sure it is safe. It is the same when we're online: we have to check things are safe so we can enjoy ourselves.

Here are basic tips to staying safe online:

- Never give out personal information about you or anyone you know
- Tell your parents/carers what you are up to online
- Don't make friends with people you don't know
- Remember, when you post something online you cannot get it back
- If you see anything that makes you feel worried or unsafe, **leave the website and tell a trusted adult straight away.**

Here are a few websites with some ideas about how to keep your children safe online during this time:

www.saferinternet.org.uk/blog/keeping-children-happy-and-safe-online-during-covid-19

www.net-aware.org.uk/

<https://www.thinkuknow.co.uk/parents/Supporttools/home-activity-worksheets>

www.childrenscommissioner.gov.uk/wp-content/uploads/2020/04/cco-childrens-digital-safety-wellbeing-kit.pdf

<https://www.qustodio.com/en/>
(a useful way of monitoring and controlling how your children use their devices)

Looking after our mental health is important. Here are some useful websites:

www.place2be.org.uk
www.youngminds.org.uk
www.nhs.uk/change4life

If you need more advice to help for your child then contact Just One Norfolk - 0300 300 0123 or <https://www.justonenorfolk.nhs.uk>

