

North Elmham CEVA Primary School  
Stibbard All Saints CEVA Primary School  
Flourish Federation



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Dear parents/carers



### Nursery at All Saints

We want to share our happy new year news; we have revamped the corridor to complement our Federation love of outdoor learning. Here's a peek, we have a few more things to add but it's looking good.



We are pleased to announce we have a new member of nursery staff to join our team later this term.

Many congratulations to Georgia Tabor, our Nursery Deputy, on the birth of Bonnie Mae this month.

We will be introducing the children to yoga and mindfulness sessions to coincide with Mental Health week, we will share some ideas on the website and Tapestry for you all to do at home. It is so important we look after ourselves in these strange times.

The Nursery team will be contacting all parents to chat about supporting your child's learning at home, and any other support you need, please don't hesitate to contact us if you need to talk.



### North Elmham

We are delighted to announce the safe arrival of baby Isla Good. Many great congratulations to Mr Good and his family.



## **Mental Health Week**

It has been Children's Mental Health Week this week and we hope you've all managed to join in with some of the activities associated with it. The theme of this year's Children's Mental Health Week was 'Express yourself'. Across the Federation we set you the 'This Is Me' challenges and we were delighted to see so many of you taking part. Please head to the school website where you will find videos and pictures of you completing your challenges.

In school we particularly enjoyed 'Inside out day' on Wednesday, run by an organisation called 'Now and Beyond'. The idea behind this was to wear one item of clothing inside out to remind people you never know how someone feels on the inside. And please remember it is not just the children's mental wellbeing that is important, it's yours too!

In lieu of the importance of mental wellbeing at all times, but especially now, Flourish Federation's sports partnership WNDSSP has launched a new Healthy, Happy, Active project. This project is aimed at redressing the balance within the SSP to provide as much emphasis on school opportunities and solutions linked to Health and Happiness as much as activity.



We have also taken the opportunity to participate in the '5 ways to wellbeing mental health project'. This is a whole school (Federation) well-being pilot project, which will begin in earnest after half term so more details will follow.



## **Wonderful Wednesday Wellbeing Welly Afternoons**

- the alliteration words will no doubt make you read this heading twice, sorry! That's ok though as it's really important you look after yourself and research tells us enjoying the great outdoors, and building nature into your everyday life, can benefit both your mental and physical wellbeing. For example, doing things like growing food or flowers, and exercising outdoors. We are hearing our activity grid on our school site is proving popular; please do keep sharing photos or comments with us as we love to hear about your positive experiences.

You can find the grid with how to activities on <https://www.northelmhamschool.com/wellbeing-wednesday/>

	<a href="#">Den building</a>	<a href="#">Journey stick</a>	<a href="#">Kite making</a>	<a href="#">Tree identification</a>	
Plant identification guide	Wellbeing Wednesday			Track finding	
Fairy houses	Map making	Magical lands	Wild weaving		
Pattern making	Nature journal	Scavenger hunt	Twig boat		



## **Prime Minister's statement on the national lockdown position**

Last week the Prime Minister announced that it will not be possible to resume face-to-face learning immediately after the February half-term and instead hopes it will be safe to commence the reopening of schools and colleges from Monday 8 March. This is in response to the national public health data and pressure on NHS capacity.

If the Government achieves its target of vaccinating everyone in the four most vulnerable groups with their first dose by 15 February then those groups will have developed immunity from the virus around three weeks later, that is by 8 March. Education settings, as well as students, parents and carers will be given at least two weeks' notice to prepare for a return to face-to-face education. In the meantime, our Schools will remain open to vulnerable children and the children of critical workers after February half-term, as they are now. All other pupils will continue to receive our remote education at home. This is in line with the wider national lockdown measures to help minimise the spread of the virus and respond quickly to the new variant. We will of course share with you what returning to school looks like when we know more.

In the meantime, we continue with remote learning. You and your children are doing a fantastic job with this, we are so proud of your efforts with what is a difficult task. Keep sharing what you can and remain in touch.

Stay safe and well and speak after the half term holiday.

Ms P Jones

Executive Headteacher of Flourish Federation

